

RIS & RIST BULLYING POLICY

Bullying is wrong. There are no exceptions to this statement. It is every student's right to come to school and feel comfortable and safe.

Bullying is repeated violent and/or nonviolent, verbal and/or non-verbal, actions that cause fear, distress or harm, committed by an individual or group towards a less powerful individual or individuals.

Students who are bullied suffer the following repeated harmful actions from other students or groups of students. These actions may take place in classrooms, hallways, playgrounds, canteens, toilets, buses; anywhere inside or outside school:

- Being pushed, punched, hit or kicked
- Being teased in a hurtful way
- Being called hurtful names
- Having bad things said to them or about them because of appearance, race, gender, religion, sexuality, abilities, or family background
- Being threatened with being punched, hit, kicked or other harmful actions
- Being shunned or left out of groups and activities on purpose
- Being forced to hand over money or goods by being punched, hit or kicked or through fear
- Being forced to do things they don't want by being punched, hit or kicked, or through fear
- Having lies or untrue rumors spread about them or having their secrets revealed
- Having bad letters, text messages, notes or emails written to them or about them
- Being targeted cruelly in blogs, web sites, diaries and hate books
- Being the target of cruel jokes, sarcasm, laughter, comments and put downs
- Having their property taken, damaged or hidden
- Having their friends turned against them
- Being threatened or forced to do hurtful things in order to become part of a group